	JU	NE	20	22	
Monday	Tuesday	Wednesday 1 Pizza Romaine lettuce Salad Bar Banana Milk	Thursday2Peppered Steak with Bell Peppers and OnionsOR Turkey Cheese SandwichWhole Grain Brown Rice Asparagus, Melon Slices, Milk	Friday 3 Pizza Romaine lettuce Salad Bar Banana Milk	Michigan Collegiate Middle School
6 Beef and Bean Chili with Toppings Bar, Whole Wheat Roll OR Club Sandwich Oven Brown Potatoes Craisins Milk	7 Beef and Cheese Taco Toppings Bar OR Ham Cheese Sandwich Refried Beans Apple Milk	Pizza Romaine lettuce Salad Bar Banana Milk	9 1/2 Day No Lunch	Pizza Romaine lettuce Salad Bar Banana Milk	
13 Pancakes and Sausage OR Club Sandwich Veggies Applesauce Milk	14 Cheeseburger on a Whole Wheat Bun Corn on the Cobb Watermelon Milk	Pizza Romaine lettuce Salad Bar Banana Milk	1/2 Day No Lunch	1/2 Day No Lunch	This institution is an equal
20	21	22	23	24	opportunity provider. All lunches include Milk, Fruits & or Vegetables, Bread or Bread Equivalent, Meat or Meat equivalent (Menu is subject to change) Milk Offered: Fat Free Chocolate and Low Fat White
27	28	29	30 enjoy: SUMMER vacation		