



Michigan Collegiate February 2023 k-5 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday	Alt. Entree Options
		1	2	3	Mondays
		Pizza Romaine Lettuce Orange Milk	BBQ Meatballs Mashed Potatoes Whole Wheat Roll Apple Milk	Pizza Veggie Sticks Orange Milk	Italian Sub with Lettuce and Tomato
6	7	8 COUNT DAY	9	10	Tuesdays
All Beef Hot Dog on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Beef and Cheese Nachos Carrots 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Baked Chicken Whole Wheat Roll Oven Brown Potatoes Apple, Milk	Pizza Veggie Sticks Orange Milk	Turkey Ham and Cheese Pasta Salad with Veggies
13	14	15	16	17	Thursdays
All Beef Hamburger on a Whole Wheat Bun, Carrots Fruit Cup Milk	Beef and Cheese Taco Refried Beans 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Mini Turkey Corn Dogs Potato Wedges Apple, Milk	Pizza Veggie Sticks Orange Milk	Turkey and Cheese Sandwich with Lettuce and Tomato
20	21	22	23	24	
Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	
27	28				
Chicken Patty on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Walking Taco Carrots 100% Fruit Juice Milk				*All alternative entrees fulfil the Meat or Meat Alternate, Veggie, and Grain require- ments. Must be served with fresh fruit and milk.

Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

This institution is an equal opportunity provider.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



HISTORY MONTH

FEBRUARY NOTABLES

-BLACK HISTORY MONTH
-National Cherry Month

-Super Bowl 🏈
-Valentine's Day 💕

Fun Fact Michigan produces more than 50% of the nations tart cherries! (used for cooking) 🍒



Michigan Collegiate February 2023 6-8 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday	Alt. Entree Options
		1	2	3	Mondays
		Pizza Romaine Lettuce Orange Milk	BBQ Meatballs Mashed Potatoes Whole Wheat Roll Apple Milk	Pizza Romaine Lettuce Banana Milk	Italian Sub with Lettuce and Tomato
6	7	8 COUNT DAY	9	10	Tuesdays
All Beef Hot Dog on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Beef and Cheese Nachos Toppings Bar, Carrots 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Baked Chicken Whole Wheat Roll Oven Brown Potatoes Apple, Milk	Pizza Romaine Lettuce Banana Milk	Turkey Ham and Cheese Pasta Salad with Veggies
13	14	15	16	17	Thursdays
All Beef Hamburger on a Whole Wheat Bun, Carrots Fruit Cup Milk	Beef and Cheese Taco Toppings Bar Refried Beans 100% Fruit Juice Milk	Pizza Romaine Lettuce Orange Milk	Mini Turkey Corn Dogs Potato Wedges, Apple, Milk	Pizza Romaine Lettuce Banana Milk	Turkey and Cheese Sandwich with Lettuce and Tomato
20	21	22	23	24	
Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	*All alternative entrees fulfil the Meat or Meat Alternate, Veggie, and Grain require- ments. Must be served with fresh fruit and milk.
27	28				
Chicken Patty on a Whole Wheat Bun Baked Beans Fruit Cup Milk	Walking Taco Toppings Bar Carrots 100% Fruit Juice Milk			*Soup* Available Mondays and Thursdays	*Salad Bar* Available Wednesdays and Fridays

Please Note:
Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

This institution is an equal opportunity provider.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White




HISTORY MONTH

FEBRUARY NOTABLES

-BLACK HISTORY MONTH
-National Cherry Month

-Super Bowl 
-Valentine's Day 

Fun Fact Michigan produces more than 50% of the nations tart cherries! (used for cooking)  



Michigan Collegiate February 2023 High School Lunch



Monday	Tuesday	Wednesday	Thursday	Friday	Alt. Entree Options
		1	2	3	Mondays
		Pizza Romaine Lettuce Orange 100% Fruit Juice Milk	BBQ Meatballs Mashed Potatoes Whole Wheat Roll Apple Milk	Pizza Romaine Lettuce Banana 100% Fruit Juice Milk	Italian Sub with Lettuce and Tomato
6	7	8 COUNT DAY	9	10	Tuesdays
All Beef Hot Dog on a Whole Wheat Bun Baked Beans Fruit Cup, 100% Fruit Juice, Milk, Toppings Bar	Beef and Cheese Nachos Toppings Bar, Carrots 100% Fruit Juice, Craisins, Milk	Pizza Romaine Lettuce Orange 100% Fruit Juice Milk	Baked Chicken Whole Wheat Roll Oven Brown Potatoes Apple, Milk	Pizza Romaine Lettuce Banana 100% Fruit Juice Milk	Turkey Ham and Cheese Pasta Salad with Veggies
13	14	15	16	17	Thursdays
All Beef Hamburger on a Whole Wheat Bun, Carrots Fruit Cup, 100% Fruit Juice, Milk, Toppings Bar	Beef and Cheese Taco Toppings Bar Refried Beans 100% Fruit Juice, Fruit Cup, Milk	Pizza Romaine Lettuce Orange 100% Fruit Juice Milk	Mini Turkey Corn Dogs Carrots Crackers, Apple, Milk	Pizza Romaine Lettuce Banana 100% Fruit Juice Milk	Turkey and Cheese Sandwich with Lettuce and Tomato
20	21	22	23	24	
Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	*All alternative entrees fulfil the Meat or Meat Alternate, Veggie, and Grain require- ments. Must be served with fresh fruit and milk.
27	28				
Chicken Patty on a Whole Wheat Bun Baked Beans Fruit Cup, 100% Fruit Juice, Milk	Walking Taco Toppings Bar Carrots 100% Fruit Juice, Craisins, Milk			*Soup* Available Mondays and Thursdays	*Salad Bar* Available Wednesdays and Fridays

Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

This institution is an equal opportunity provider.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



HISTORY MONTH

FEBRUARY NOTABLES

-BLACK HISTORY MONTH
-National Cherry Month

-Super Bowl 🏈
-Valentine's Day 💕

Fun Fact Michigan produces more than 50% of the nations tart cherries! (used for cooking) 🍒



Michigan Collegiate February 2023 k-12 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Banana Chocolate Chunk Benefit Bar Apple Milk
6	7	8 COUNT DAY	9	10
Super Donut Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Milk	Yogurt, Elf Graham Fruit Cup 100% Fruit Juice Milk	Cinna-Roll Craisins 100% Fruit Juice Milk	Ultimate Breakfast Round Apple Milk
13	14	15	16	17
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Pop Tarts Apple Milk	Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Super Donut Apple Milk
20	21	22	23	24
Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break
27	28			
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Milk			

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

This institution is an equal opportunity provider.

Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.



HISTORY MONTH

FEBRUARY NOTABLES

-BLACK HISTORY MONTH
-National Cherry Month

-Super Bowl 
-Valentine's Day 

Fun Fact Michigan produces more than 50% of the nations tart cherries!
(used for cooking)  

Michigan Collegiate February 2023 Fresh Fruits and Vegetables

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Strawberries	Broccoli	
6	7	8 COUNT DAY	9	10
	Cauliflower	Celery	Radish	
13	14	15	16	17
	Mango	Pomegranate	Avocado	
20	21	22	23	24
Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break	Mid Winter Break
27	28			
	Grapes			

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

This institution is an equal opportunity provider.

Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.



HISTORY MONTH

FEBRUARY NOTABLES

- BLACK HISTORY MONTH
- National Cherry Month

- Super Bowl
- Valentine's Day

Fun Fact Michigan produces more than 50% of the nations tart cherries! (used for cooking)