

### Michigan Collegiate September 2024 k-5 Lunch





Monday	Tuesday	Wednesday	Thursday	Friday	Alternative Entree
2	3	4	5	6	Options
Labor Day No School	Beef and Cheese Taco with Whole Wheat Tortilla Carrots, Banana, Milk	Pizza Romaine Lettuce Apple Milk	Meatballs Whole Wheat Roll Baked Beans Orange, Milk	Pizza Cucumber Slices Banana Milk	Mondays: Turkey and Cheese Sandwich
9	10	11	12	13	
Sloppy Joe on a Whole Wheat Bun Baked Beans Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Orange Chicken Whole Grain Rice Mixed Vegetables, Oranges, Milk	Pizza Carrots Banana Milk	Tuesdays: Turkey and Cheese Pasta Salad
16	17	18	19	20	
Bosco Sticks with Marinara Baked Beans Applesauce Milk	Chicken and Cheese Taco Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Oven Baked Chicken Whole Wheat Roll Mashed Potatoes Orange, Milk	Pizza Cucumber Slices Banana Milk	Thursdays: Italian Sandwich
23	24	25	26	27	
All Beef Cheeseburger Whole Wheat Bun Oven Brown Potatoes Fruit Cup Milk	Walking Taco with Whole Grain Doritos Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Chicken Penne Alfredo Whole Wheat Roll Green Beans Orange, Milk	Pizza Carrots Banana Milk	Fridays: Chef Salad with Whole Wheat Roll
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All Beef Hot Dog on a Whole Wheat Bun, Potato Wedges, Apple- sauce, Milk					

#### Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White







## Michigan Collegiate September 2024 6-8 Lunch





Monday	Tuesday	Wednesday	Thursday	Friday	Alternative Entree
2	3	4	5	6	Options
Labor Day No School	Beef and Cheese Taco with Whole Wheat Tortilla, Toppings Bar Carrots, Banana, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Meatballs Whole Wheat Roll Baked Beans Orange, Milk	Pizza Romaine Lettuce Toppings Bar Milk	Mondays: Turkey and Cheese Sandwich
9	10	11	12	13	
Sloppy Joe on a Whole Wheat Bun Baked Beans Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips, Toppings Bar, Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Orange Chicken Whole Grain Rice Mixed Vegetables, Oranges, Milk	Pizza Romaine Lettuce Toppings Bar Milk	Tuesdays: Turkey and Cheese Pasta Salad
16	17	18	19	20	
Bosco Sticks with Marinara Baked Beans Applesauce Milk	Chicken and Cheese Taco Carrots, Toppings Bar 100% Fruit Juice, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Oven Baked Chicken Whole Wheat Roll Mashed Potatoes Orange, Milk	Pizza Romaine Lettuce Toppings Bar Milk	Thursdays: Italian Sandwich
23	24	25	26	27	
All Beef Cheeseburger Whole Wheat Bun Oven Brown Potatoes Fruit Cup Milk	Walking Taco with Whole Grain Doritos Carrots, Toppings Bar 100% Fruit Juice, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Chicken Penne Alfredo Whole Wheat Roll Green Beans Orange, Milk	Pizza Romaine Lettuce Toppings Bar Milk	Fridays: Chef Salad with Whole Wheat Roll
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All Beef Hot Dog on a Whole Wheat Bun, Potato Wedges, Apple- sauce, Milk					

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All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White





## Michigan Collegiate September 2024 GSRP Lunch





Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
Labor Day No School	Beef and Cheese Taco with Whole Wheat Tortilla Carrots, Banana, Milk	Pizza Romaine Lettuce Apple Milk	Meatballs Whole Wheat Roll Baked Beans Orange, Milk	Pizza Cucumber Slices Banana Milk	
9	10	11	12	13	
Sloppy Joe on a Whole Wheat Bun Baked Beans Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Orange Chicken Whole Grain Rice Mixed Vegetables, Oranges, Milk	Pizza Carrots Banana Milk	
16	17	18	19	20	
Bosco Sticks with Marinara Baked Beans Applesauce Milk	Chicken and Cheese Taco Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Oven Baked Chicken Whole Wheat Roll Mashed Potatoes Orange, Milk	Pizza Cucumber Slices Banana Milk	
23	24	25	26	27	
All Beef Cheeseburger Whole Wheat Bun Oven Brown Potatoes Fruit Cup Milk	Walking Taco with Whole Grain Doritos Carrots 100% Fruit Juice, Milk	Pizza Romaine Lettuce Apple Milk	Chicken Penne Alfredo Whole Wheat Roll Green Beans Orange, Milk	Pizza Carrots Banana Milk	
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All Beef Hot Dog on a Whole Wheat Bun, Potato Wedges, Apple- sauce, Milk					
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Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free White or Low Fat White





## Michigan Collegiate September 2024 High School Lunch





Monday	Tuesday	Wednesday	Thursday	Friday	Alternative Entree
2	3	4	5	6	Options
Labor Day No School	Beef and Cheese Taco with Whole Wheat Tortilla, Toppings Bar Carrots, 100% Fruit Juice, Banana, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Meatballs Whole Wheat Roll Baked Beans 100% Fruit Juice, Orange, Milk	Pizza Romaine Lettuce, Toppings Bar, Banana, 100% Fruit Juice, Milk	Mondays: Turkey and Cheese Sandwich
9	10	11	12	13	
Sloppy Joe on a Whole Wheat Bun Baked Beans Fruit Cup, 100% Fruit Juice, Milk	Beef and Cheese Nacho with Whole Grain Chips, Toppings Bar Carrots, 100% Fruit Juice, Banana, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Orange Chicken Whole Grain Rice Mixed Vegetables, Orange, 100% Fruit Juice, Milk	Pizza Romaine Lettuce, Toppings Bar, Banana, 100% Fruit Juice, Milk	Tuesdays: Turkey and Cheese Pasta Salad
16	17	18	19	20	
Bosco Sticks with Marinara Baked Beans Applesauce, 100% Fruit Juice, Milk	Chicken and Cheese Taco, Carrots, Toppings Bar 100% Fruit Juice, Banana, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Oven Baked Chicken Whole Wheat Roll Mashed Potatoes Orange, 100% Fruit Juice, Milk	Pizza Romaine Lettuce, Toppings Bar, Banana, 100% Fruit Juice, Milk	Thursdays: Italian Sandwich
23	24	25	26	27	
All Beef Cheeseburger Whole Wheat Bun Oven Brown Potatoes Fruit Cup, 100% Fruit Juice, Milk	Walking Taco with Whole Grain Doritos Carrots, Toppings Bar, 100% Fruit Juice, Banana, Milk	Pizza Romaine Lettuce Toppings Bar Apple Milk	Chicken Penne Alfredo, Whole Wheat Roll Green Beans, Orange, 100% Fruit Juice, Milk	Pizza Romaine Lettuce, Toppings Bar, Banana, 100% Fruit Juice, Milk	Fridays: Chef Salad with Whole Wheat Roll
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All Beef Chili Dog on a Whole Wheat Bun, Pota- to Wedges, Applesauce, 100% Fruit Juice Milk					
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This institution is an equal opportunity provider.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



#### Offer Versus Serve

Take 3-5 of the components offered! One must be a 1/2 cup fruit or veggie.





## Michigan Collegiate September 2024 Breakfast





Monday	Tuesday	Wednesday	Thursday	Friday	
September 2	3	4	5	6	
Labor Day No School	Pop Tarts Elf Graham Apple Slices, 100% Fruit Juice, Milk	Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Applesauce 100% Fruit Juice Milk	Breakfast Brownie Apple Milk	
9	10	11	12	13	
Assorted Fruit Muffin Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Slices, 100% Fruit Juice, Milk	Yogurt, Elf Graham Craisins 100% Fruit Juice Milk	Bagel with Cream Cheese, Fruit Cup 100% Fruit Juice Milk	Ultimate Breakfast Round Apple Milk	
16	17	18	19	20	
DonutApplesauce 100% Fruit Juice Milk	Cereal Elf Graham Apple Slices, 100% Fruit Juice, Milk	Snack'n Loaf Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Banana Chocolate Chunk Benefit Bar Apple Milk	
23	24	25	26	27	
Assorted Fruit Muffin Applesauce, 100% Fruit Juice, Milk	Cereal Cheese Stick Apple Slices, 100% Fruit Juice, Milk	Yogurt, Elf Graham Craisins 100% Fruit Juice Milk	Bagel with Cream Cheese, Fruit Cup, 100% Fruit Juice Milk	Super Donut Apple, Milk	
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Pop Tarts Applesauce, 100% Fruit Juice, Milk					

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

This institution is an equal opportunity provider.

#### Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.





# Michigan Collegiate Nugust-September 2024 GSRP Breakfast





Monday	Tuesday	Wednesday	Thursday	Friday	
September 2	3	4	5	6	
Labor Day No School	Cereal Elf Graham Apple Slices Milk	Snack'n Loaf Fruit Cup Milk	Bagel with Cream Cheese, Applesauce Milk	Cereal Apple Milk	
9	10	11	12	13	
Assorted Fruit Muffin Applesauce Milk	Cereal Cheese Stick Apple Slices Milk	Yogurt, Elf Graham Craisins Milk	Bagel with Cream Cheese, Fruit Cup Milk	Cereal Apple Milk	
16	17	18	19	20	
Assorted Fruit Muffin Applesauce Milk	Cereal Elf Graham Apple Slices Milk	Snack'n Loaf Fruit Cup Milk	Bagel with Cream Cheese, Craisins Milk	Cereal Apple Milk	
23	24	25	26	27	
Assorted Fruit Muffin Applesauce Milk	Cereal Cheese Stick Apple Slices, Milk	Yogurt, Elf Graham Craisins Milk	Bagel with Cream Cheese, Fruit Cup, Milk	Cereal Apple Milk	
30					
Assorted Fruit Muffin Applesauce Milk					

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free White or Low Fat White

This institution is an equal opportunity provider.

#### Please Note:

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