Michigan Collegiate Academy FEBRUARY 2025 K-5 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Alternative
3	4	5	6	7	Entree Options
All Beef Hot Dog on a Whole Wheat Bun, Oven Brown Potatoes, Peaches Fruit Cup, Milk	Chicken and Cheese Taco, Refried Beans 100% Fruit Juice, Milk	Pizza Carrots Banana Milk	Chicken Alfredo, Whole Wheat Garlic Bread, Mixed Veg- etables, Pineapple Tidbits, Milk	Pizza Romaine Lettuce Apple Milk	
10	11	12	13	14	Mondays
Sloppy Joe on a Whole Wheat Bun Oven Brown Potatoes, Mandarin Orange Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Milk	Pizza Sliced Cucumbers Frozen Strawberries Milk	Popcorn Chicken Baked Beans Craisins Milk	Pizza Romaine Lettuce Apple Milk	Turkey and Cheese Sandwich
17	18	19	20	21	Tuesdays
		Mid-Winter Break			Turkey Cheese Pasta Salad
24	25	26	27	28	Thursdays
BBQ Meatballs Mashed Potatoes Whole Wheat Garlic Bread Orange Milk	Beef and Cheese Taco Carrots 100% Fruit Juice Milk	Pizza Broccoli Florets Banana Milk	Baked Macaroni and Cheese, Whole Wheat Garlic Bread, Baked Beans, Sliced Pears, Milk	Pizza Romaine Lettuce Apple Milk	Ham and Cheese Wrap

Please Note:

Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.

All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



Michigan Collegiate Academy FEBRUARY 2025 6-8 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday	Alternative
3	4	5	6	7	Entree Options
All Beef Hot Dog on a Whole Wheat Bun, Oven Brown Potatoes, Peaches Fruit Cup, Milk	Chicken and Cheese Taco, Refried Beans 100% Fruit Juice, Milk	Pizza Romaine Lettuce w/ Salad Bar, Banana Milk	Chicken Alfredo, Whole Wheat Garlic Bread, Mixed Veg- etables, Pineapple Tidbits, Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	
10	11	12	13	14	Mondays
Sloppy Joe on a Whole Wheat Bun Oven Brown Potatoes, Mandarin Orange Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Milk	Pizza Romaine Lettuce w/ Salad Bar, Frozen Strawberries Milk	Popcorn Chicken Baked Beans Craisins Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	A) Fruit Parfait with Cucumbers B) Turkey and Cheese Sandwich
17	18	19	20	21	Tuesdays
		Mid-Winter Break			Turkey Cheese Pasta Salad
24	25	26	27	28	Thursdays
BBQ Meatballs Mashed Potatoes Whole Wheat Garlic Bread Orange Milk	Beef and Cheese Taco Carrots 100% Fruit Juice Milk	Pizza Romaine Lettuce w/ Salad Bar, Banana Milk	Baked Macaroni and Cheese, Whole Wheat Garlic Bread, Baked Beans, Sliced Pears, Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	Ham and Cheese Wrap

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All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White



Michigani Collegiate Academy FEBRUARY 2025 HIGH SCHOOL LUNCH

4	5			
	3	6	7	Entree Options
Chicken and Cheese Taco, Carrots 100% Fruit Juice, Craisins, Milk	Pizza Romaine Lettuce w/ Salad Bar, Banana 100% Fruit Juice Milk	Chicken Alfredo, Whole Wheat Roll, Mixed Vegetables Pineapple Tidbits, 100% Fruit Juice, Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	
11	12	13	14	Mondays
Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Craisins, Milk	Pizza Romaine Lettuce w/ Salad Bar, Frozen Strawberries 100% Fruit Juice Milk	Popcorn Chicken Assorted Pretzel Baked Beans Craisins, 100% Fruit Juice, Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	A) Fruit Parfait with Cucumbers B) Turkey and Cheese Sandwich
18	19	20	21	Tuesdays
	Mid-Winter Break			Turkey Cheese Pasta Salad
25	26	27	28	Thursdays
Beef and Cheese Taco Carrots 100% Fruit Juice Craisins Milk	Pizza Romaine Lettuce w/ Salad Bar, Banana 100% Fruit Juice Milk	Baked Macaroni and Cheese, Whole Wheat Roll, Baked Beans, Sliced Pears, 100% Fruit Juice, Milk	Pizza Romaine Lettuce w/ Salad Bar Apple Milk	Ham and Cheese Wrap
	100% Fruit Juice, Craisins, Milk 11 Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Craisins, Milk 18 25 Beef and Cheese Taco Carrots 100% Fruit Juice Craisins	Salad Bar, Banana 100% Fruit Juice, Craisins, Milk 11 Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Craisins, Milk Romaine Lettuce w/ Salad Bar, Frozen Strawberries 100% Fruit Juice Milk 18 19 Mid-Winter Break 25 Beef and Cheese Taco Carrots 100% Fruit Juice Salad Bar, Banana 100% Fruit Juice Milk 19 Mid-Winter Break 25 Salad Bar, Banana 100% Fruit Juice Salad Bar, Banana 100% Fruit Juice Craisins 100% Fruit Juice Craisins	Salad Bar, Banana 100% Fruit Juice, Craisins, Milk 11 12 Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Craisins, Milk 18 19 Popcorn Chicken Assorted Pretzel Baked Beans Craisins, 100% Fruit Juice, Milk 20 Mid-Winter Break 25 Beef and Cheese Taco Carrots 100% Fruit Juice Salad Bar, Fozen Strawberries 100% Fruit Juice Milk 20 Mid-Winter Break 25 Beef and Cheese Taco Carrots 100% Fruit Juice Salad Bar, Banana 100% Fruit Juice Now Fruit Juice Craisins Salad Bar, Banana 100% Fruit Juice Now Fruit Juic	Salad Bar, Banana 100% Fruit Juice, Craisins, Milk 11 12 13 14 Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Craisins, Milk 19 20 Popcorn Chicken Assorted Pretzel Baked Beans Craisins, 100% Fruit Juice, Milk 18 19 20 21 Mid-Winter Break Beef and Cheese Taco Carrots 100% Fruit Juice Craisins 100% Fruit Juice Carisins 100% Fruit Juice Milk Salad Bar, Foozen Strawberries 100% Fruit Juice Milk Beef and Cheese Taco Carrots 100% Fruit Juice Carrots 100% Fruit Juice Carrots 100% Fruit Juice Salad Bar Pineapple Tidbits, 100% Fruit Juice, Milk Popcorn Chicken Assorted Pretzel Baked Beans Craisins, 100% Fruit Juice, Milk 20 21 Apple Salad Bar Apple

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All lunches include Meat or Meat Alternate, Fruits and Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White





Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
All Beef Hot Dog on a Whole Wheat Bun, Oven Brown Potatoes, Peaches Fruit Cup, Milk	Chicken and Cheese Taco, Refried Beans 100% Fruit Juice, Milk	Pizza Carrots Banana Milk	Chicken Alfredo, Whole Wheat Garlic Bread, Mixed Veg- etables, Pineapple Tidbits, Milk	Pizza Romaine Lettuce Apple Milk
10	11	12	13	14
Sloppy Joe on a Whole Wheat Bun Oven Brown Potatoes, Mandarin Orange Fruit Cup, Milk	Beef and Cheese Nacho with Whole Grain Chips, Carrots, 100% Fruit Juice, Milk	Pizza Sliced Cucumbers Frozen Strawberries Milk	Popcorn Chicken Baked Beans Craisins Milk	Pizza Romaine Lettuce Apple Milk
17	18	19	20	21
24	25	Mid-Winter Break	27	20
24	25	26	27	28
BBQ Meatballs Mashed Potatoes Whole Wheat Garlic Bread Orange Milk	Beef and Cheese Taco Carrots 100% Fruit Juice Milk	Pizza Broccoli Florets Banana Milk	Baked Macaroni and Cheese, Whole Wheat Garlic Bread, Baked Beans, Sliced Pears, Milk	Pizza Romaine Lettuce Apple Milk

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Milk offered: Fat Free White or Low Fat White





Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cereal Cheese Stick Applesauce 100% Fruit Juice Milk	Assorted Fruit Muffin Apple Slices, 100% Fruit Juice, Milk	Yogurt, Asst. gra- ham Craisins 100% Fruit Juice Milk	Bagel with Cream Cheese, Fruit Cup 100% Fruit Juice Milk	Ultimate Breakfast Round Apple Milk
10	11	12	13	14
Pop Tarts Applesauce 100% Fruit Juice Milk	Cereal Bar Apple Slices, 100% Fruit Juice, Milk	Zee Zee's Cocoa Cherry Bar Fruit Cup 100% Fruit Juice Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Banana Chocolate Chunk Benefit Ban Apple Milk
17	18	19	20	21
		Mid-Winter Break		
24	25	26	27	28
Super Donut Applesauce 100% Fruit Juice Milk	Cereal Cheese Stick Apple Slices, 100% Fruit Juice, Milk	Assorted Fruit Muffin Fruit Cup, 100% Fruit Juice, Milk	Bagel with Cream Cheese, Craisins 100% Fruit Juice Milk	Benefit Bar Apple Milk

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free Chocolate or Low Fat White

This institution is an equal opportunity provider.

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Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cereal Applesauce Milk	Assorted Fruit Muffin Apple Slices Milk	Yogurt, Asst. Gra- ham Craisins Milk	Bagel with Cream Cheese, Fruit Cup Milk	Cereal Apple Milk
10	11	12	13	14
Fruit Muffin Applesauce Milk	Cereal Apple Slices Milk	Yogurt Fruit Cup Milk	Bagel with Cream Cheese, Craisins Milk	Cereal Apple Milk
17	18	19	20	21
		Mid-Winter Break		
24	25	26	27	28
Fruit Muffin Applesauce Milk	Cereal Apple Slices Milk	Assorted Fruit Muffin Fruit Cup, Milk	Bagel with Cream Cheese, Craisins Milk	Cereal Apple Milk

All breakfasts include Fruits and/or Vegetables, Bread or Bread Equivalent, and Milk.

Milk offered: Fat Free White or Low Fat White

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