<u>Michigan</u> <u>Collegiate Free</u> <u>Breakfast</u>

Elementary – 16911 Eastland, Roseville 8:40 a.m. Middle/High – 31300 Ryan, Warren 7:20 a.m.

WELLNESS COMMITTEE

Parents, students & neighbors are welcome to join our wellness committee. Contact

Pamela Bakeman at 586-779-8055 or bakemanp@michcol.org



*Menus are analyzed for nutritional content to insure the program is in compliance with USDA requirements.

Our food is catered in by CJ's Catering.

BREAKFAST HIGHLIGHTS

We offer Breakfast daily at no charge!

Breakfast will be available to all elementary students when they enter the building and they will take it to their classrooms. MS/HS will come to the cafeteria.

Breakfast will contain a grain, fruit and milk.

Please encourage your children to stop and grab one!



LUNCH HIGHLIGHTS

We offer lunch daily at no charge! Students will be eating in the lunch room.

Please encourage your children to grab a lunch.

Protein, Grains, Fruits, Vegetables and Dairy will be included in this meal.

Special Days

Tuesdays are *Mexican Day*.

Wednesday and Fridays are *Pizza Days*.

25-26 RATES

Breakfast FREE!! Lunch FREE!!

Remember...A great day starts with a great breakfast!

Contact us anytime at **586-779-8055**.

Menus will be available soon online.

Our Mission is to provide a safe environment and healthy nutritional meals for our students that will assist in the learning process.

This institution is an equal opportunity provider.